

## Self assessment questionnaire

# **Learning and teaching strategies**

Learning and teaching is the basis of all knowledge transfer. Its complexity and the heterogeneity of different types of learning is often underestimated and still not fully explored.

· ·	lease take some time		eacining and learning	ans to you, and no	w you succeeu.		
1	l) How much do the fo	llowing statements ap	oply to you? Mark the	e most appropriate ans	swer per statement.		
1. I am able to maintain the interest of the learners.							
	I totally agree	I rather agree	I partly agree	I rather disagree	I totally disagree		
	2. I teach my learner	s suitable learning te	chniques.				
	I totally agree	I rather agree	I partly agree	I rather disagree	I totally disagree		
	•	s how they can create t, fitness, breaks, etc		nditions for themselv	es (design of the		
Ш							
	I totally agree	I rather agree	I partly agree	I rather disagree	I totally disagree		
	I totally agree	I rather agree	I partly agree	I rather disagree	I totally disagree		
	4. I choose my teachi		g to the learning con	tent and let the learn			
	4. I choose my teachi	ing methods accordin	g to the learning con	tent and let the learn			
	4. I choose my teachi	ing methods accordin	g to the learning con	tent and let the learn			
	4. I choose my teachi appropriate group co	ing methods accordinonstellations (for exar	g to the learning con mple, small groups, i	itent and let the learn n pairs,).	ers work in		
	4. I choose my teachi appropriate group co	ing methods accordinonstellations (for exar	ig to the learning con mple, small groups, in I partly agree	itent and let the learn n pairs,).   I rather disagree	ers work in		
	4. I choose my teachi appropriate group co	ing methods according methods (for examinate) and the second seco	ig to the learning con mple, small groups, in I partly agree	itent and let the learn n pairs,).   I rather disagree	ers work in		
	4. I choose my teachi appropriate group co	ing methods according methods (for examinate) and the second seco	ig to the learning con mple, small groups, in I partly agree	itent and let the learn n pairs,).   I rather disagree	ers work in		
	4. I choose my teachi appropriate group co	ing methods according methods according to support indivi	Ig to the learning comple, small groups, in the learning procession in the	I rather disagree	ers work in  I totally disagree		
	4. I choose my teachi appropriate group co	ing methods according methods according to support indivi	Ig to the learning comple, small groups, in the learning groups, in the learning processidual learning process	I rather disagree	ers work in  I totally disagree		
	4. I choose my teachi appropriate group co	I rather agree  I rather agree  I rather agree	Ig to the learning comple, small groups, in the learning groups, in the learning processidual learning process	I rather disagree	ers work in  I totally disagree		



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2) Insert the corresponding points in the column to the right of the statements and calculate the sum in the last line (total).

4 points	3 points	2 points	1 point	0 points
I totally agree	I rather agree	I partly agree	I rather disagree	I totally disagree

Statement	points
1. I am able to maintain the interest of the learners.	
2. I teach my learners suitable learning techniques.	
3. I teach my learners how they can create optimal learning conditions for themselves (design of the learning environment, fitness, breaks, etc.).	
4. I choose my teaching methods according to the learning content and let the learners work in appropriate group constellations (for example, small groups, in pairs,).	
5. I implement measures to support individual learning processes.	
6. I am able to motivate my learners to learn.	
Total _	

## 3) This is our feedback to your answers:

### 0 - 9 points: You are a starter!

Take one more look at your answers. What could you do as a first step to improve teaching?

Get inspired by the variety of methods on our database. You can use the search engine to specifically search for teaching methods by selecting them in the "Application fields" category.

## 10 - 19 points: You are well on your way to becoming a Best Performer!

Does this evaluation match with your self-assessment? Take one more look at your answers. Which areas are you already satisfied with and which areas you would like to expand?

Get inspired by the variety of methods on our database. You can use the search engine to specifically search for teaching methods by selecting them in the "Application fields" category.

Talk to colleagues and share your experiences or meet colleagues and best performers in other countries online in our online community!

## 20 - 24 points: Congratulation! You are highly advanced!

Apparently, you have dealt extensively with the topic and collected many valuable experience. Do you want to share this experience with other interested teachers and school leaders? Visit our Best-Performers online community and share your experience with other Best Performers!



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