

Self-determination

Self-determination is an important factor in the personal development and later professional life of your students.

Please take some time to think about what self-determination means to you, and what you are doing in your classes to promote the self-determination of your learners.

1) How much do the following statements apply to you? Mark the most appropriate answer per statement.

1. I promote self-determination and autonomy of my learners.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

2. I promote the self-confidence of my learners.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

3. I promote my learners' ability to deal with adversities.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

4. I feel comfortable in deciding on the methods for my lessons.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

5. I encourage my learners to reflect on their strengths and weaknesses.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

6. In my lessons, I usually respond to the interests of my learners.

I totally agree I rather agree I partly agree I rather disagree I totally disagree

2) Insert the corresponding points in the column to the right of the statements and calculate the sum in the last line (total).

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|------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|---------------------------------------|
| 4 points I totally agree | 3 points I rather agree | 2 points I partly agree | 1 point I rather disagree | 0 points I totally disagree |
|------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|---------------------------------------|

| Statement | points |
|--|-------------------|
| 1. I promote self-determination and autonomy of my learners. | |
| 2. I promote the self-confidence of my learners. | |
| 3. I promote my learners' ability to deal with adversities. | |
| 4. I feel comfortable in deciding on the methods for my lessons. | |
| 5. I encourage my learners to reflect on their strengths and weaknesses. | |
| 6. In my lessons, I usually respond to the interests of my learners. | |
| Total | <u> </u> |

3) This is our feedback to your answers:

0 - 9 points: You are a starter!

Take one more look at your answers. What could you do as a first step to promote the self-determination of your students?

Get inspired by the variety of methods on our database. You can use the search engine to specifically search for student self-determination methods by selecting them in the "Learning fields" category.

10 - 19 points: You are well on your way to becoming a Best Performer!

Does this evaluation match with your self-assessment? Take one more look at your answers. Which areas are you already satisfied with and which areas you would like to expand?

Get inspired by the variety of methods on our database. You can use the search engine to specifically search for student self-determination methods by selecting them in the "Learning fields" category.

Talk to colleagues and share your experiences or meet colleagues and best performers in other countries online in our online community!

20 - 24 points: Congratulation! You are highly advanced!

Apparently, you have dealt extensively with the topic and collected many valuable experience. Do you want to share this experience with other interested teachers and school leaders? Visit our Best-Performers online community and share your experience with other Best Performers!