

E-Learning Methods		
Method	Objectives	Brief Description
Theoretical explanation	<ul> <li>Provide knowledge, information and supports related to the main issues approached in each chapter;</li> <li>Promote knowledge and experience share between trainers and learners.</li> </ul>	Participation of the learners on virtual lessons based on <i>PowerPoint</i> presentations, videos visualization, demonstration, research studies, books, papers or other resources and supports displayed by the trainers in the e-learning platform. Learners' are free of managing their participation on the virtual lessons, once they will be asynchronous. The virtual lessons will provide the main information, knowledge and references related to the topics of each one of the modules and in addition learners' shall have access to other supports, case studies, assignments and quizzes, enabling their expertise consolidation and knowledge increment. Learners' shall have the means to establish contact with the trainers and other learners through the platform.
Self-study	<ul> <li>Explore, familiarize and reflect upon the contents of the training modules</li> </ul>	Multiple online activities are used to guide participant through online educational resources
Peer learning	•Cooperate with colleagues and peers in deepening knowledge and skills relevant to the training modules	Structured interaction among learners finalized at fostering social construction of the learning process
Assignments	<ul> <li>Development, consolidation and deepening of knowledge, skills and competences of learners;</li> <li>Create opportunities to the application of skills and competences developed by the learners.</li> </ul>	During or at the end of each module, trainers can propose specific assignments allowing the application and practice of the knowledge, skills and competences acquired through the theoretical explanation. These assignments can be developed individually or in small groups. Are examples of assignments: projects development, research papers, case studies
Quiz	•Analyse the extent to which learners are developing, consolidating and deepening the knowledge and skills initially planned.	At the end of each module, learners are challenged to answer to a range of questions, allowing the evaluation of their learning.
Project work	<ul> <li>Transfer selected tools, resources or educational methods into own educational environment</li> </ul>	Structured process allowing learners to plan and implement the application of learning outcomes into a real-life case scenario
Validation of evidences	• Document and present accomplished learning activities and experiences relevant to the training modules	Validation of competencies based on analysis of relevant activities accomplished and documented by learners

